# Parent Recipe

These "Recipe" suggestions are intended as a jumping-off place for you.

Important: This Recipe was designed for audiences who were already using my **Down Syndrome Reading Program** and had read my book in that program, ***Whole Child Reading***. (Find it on Amazon and specialreads.com)

ALL of the strategies mentioned are described in detail in the book. The program itself can be found at specialreads.com, and the book is included in all bundles. So don't wonder at terms you might not understand; it's all in the book.

If you don't have my program, just substitute HIGH interest books or materials in place of the books in my program. Materials *must* be of great interest to the learner so that we can "Go in through the heart and teach to the brain," which is the basic premise of *Whole Child Reading.*
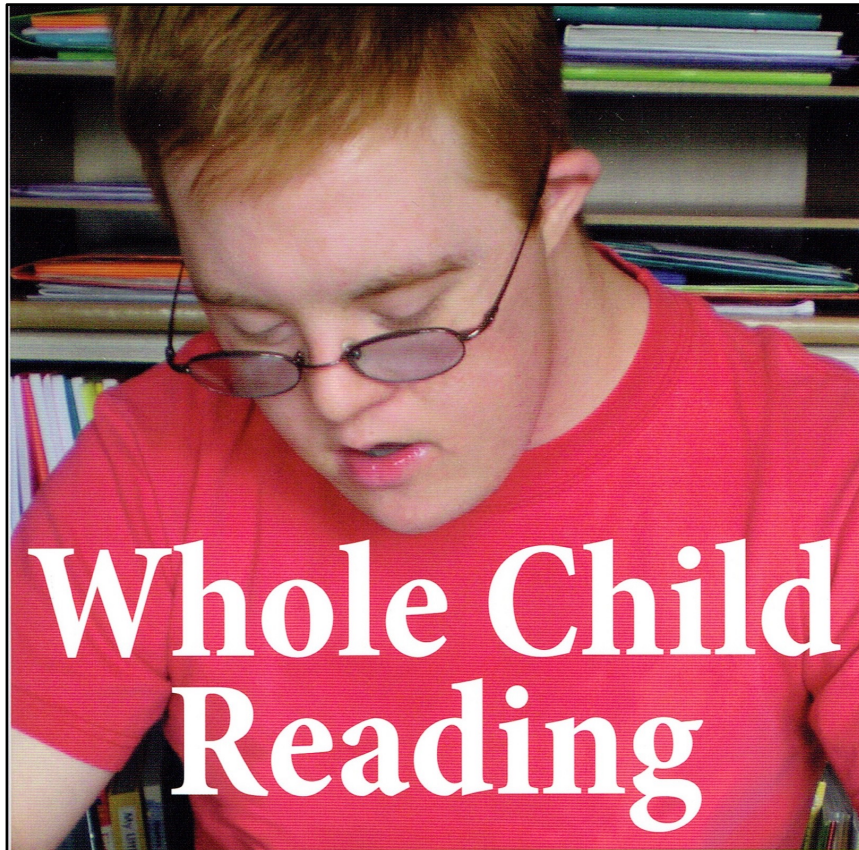
Whole Child Reading

A Quick-Start Guide to Teaching Students with Down Syndrome and Other Developmental Delays
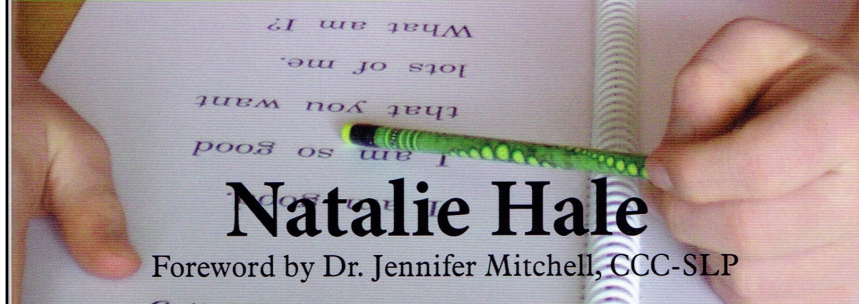
Natalie Hale

Foreword by Dr. Jennifer Mitchell, CCC-SLP

Emergent Level
Week 1

Week 1, Emergent

- 5 Minutes, 2 x that day. Same thing both times.
- Materials:
  - 5 word cards from the Spaghetti book (or other high interest)
  - Spaghetti book
  - Starfall ABC app, focusing only on A, B, C sounds
- Method: (the first 3 steps constitute the "Sandwich Method")
  - "Fast Flash" the 5 cards
  - Read the Spaghetti book
  - "Fast Flash" the same 5 cards
  - Work with the A, B, C sounds on the app

Week 1, Emergent, *continued...*

- You Have Options! Instead of the *Spaghetti* book:
  - Another picture book from your bundle
  - A lotto game you made
  - A personal page you made
  - A personal book you made
- Use the SAME METHOD outlined with my Spaghetti example. The METHOD remains the same.

Week 2, Emergent

- 5-10 Minutes, 2 x that day.

- Materials, First Session:
  - 5 word cards from a *new* material/book
  - That book/lotto/page/etc.
  - Starfall ABC app, focusing only on D, E, F sounds

- Method:
  - Fast Flash the 5 cards
  - Read the new material containing those words
  - Fast Flash the same 5 cards
  - Work with the D, E, F sounds on the app

Week 2, Emergent *continued...*

- **Second Session** that day:

- Materials:
  - 5 word cards from the Spaghetti book (or whatever book you used in Week 1)
  - Spaghetti book
  - Starfall ABC app, focusing only on D, E, F sounds

- Method:
  - Fast Flash the 5 cards
  - Read the Spaghetti book
  - Fast Flash the same 5 cards
  - Work with the D,E, F sounds on the app
  - Use Errorless Testing techniques throughout

Week 3, Emergent

- Drop the Spaghetti book (or whatever you used in Week 1).

- Keep Week 2's new item, and now introduce another new item.

- Each day, go over the new item once a day and last week's item once a day. Continue to teach everything with the "Sandwich Method."

- Work on G, H, I sounds on the app

Week 4, Emergent

- Bring the Spaghetti book back (we do "in and out" with previously mastered material, for review)

- Rotate the 3 items you're now working with

- Move on to the next 3 letter sounds until all are learned

By week 4,
you're doing two
10-15 minute sessions a day.
This will continue to expand.

What about the high-frequency book series?

When can I start the "I See" book, for example?

When your leaner shows signs of being engaged, absorbing the vocabulary, and seems open for more.

Note for those who don't have my program:

The "high frequency book series" mentioned is included in the Program; it teaches the first three word lists required by schools. (Dolch lists)

Ongoing Plan (all of this is detailed in the *Whole Child Reading* book):

- Introduce the Comprehension Books and follow the teaching instructions given in the books.

- Use the "magic decoding card" to help reduce task size and encourage decoding.

- Use analytic phonics when/if you think that will help the child understand decoding.

- Keep the material varied and fresh: personal pages, Special Reads picture books, personal books, lotto games, modified books, etc.

- Put old material aside if the learner has trouble mastering it; bring it back from time to time until it's mastered.

Parent Recipe:
Primer Level

Week 1, Primer Level

- 15-20 Minutes, 2 x each day.

- Materials each session:
  - 5 to 10 word cards for each reading material
  - 3 to 4 different reading materials
  - Starfall ABC app as needed until sounds are mastered

- Method:
  - Fast Flash only 5 cards in a group; flash each group separately (Maximum 2 groups per each material at this level)
  - Read the corresponding material
  - Fast Flash the same 5 or 10 cards again
  - Continue working with sounds on the app until all sounds are solid, dropping sounds as they're learned

Primer Level, Ongoing

- 15-20 Minutes, 2 x each day.
- Regularly introduce new material
- Regularly bring back "mastered" material to refresh learning
- Check on letter sounds knowledge
- Be consistent in using both Fast Flash and Sandwich Style Teaching
- Increase teaching time as interest and success increase
- Use Errorless Testing techniques throughout

Ongoing Plan:

- Introduce the Comprehension Books and follow the teaching instructions given in the books.

- Use the "magic decoding card" to help reduce task size and encourage decoding.

- Use analytic phonics when/if you think that will help the child understand decoding.

- Keep the material varied and fresh: personal pages, Special Reads picture books, personal books, lotto games, modified books, etc.

- Put old material aside if the learner has trouble mastering it; bring it back from time to time until it's mastered.

Parent Recipe:
First Grade Level

Ongoing First Grade Plan:

- Expand the time as the learner shows readiness, 2 x each day.
- Materials each session:
  - 5, 10, or 15 word cards for each reading material, kept in groups of 5 for Fast Flashing
  - 3 to 4 different reading materials, always incorporating the Special Reads First Grade High Frequency Books until mastered.
- Method remains the same:
  - Reading for Meaning
  - Fast Flash
  - Sandwich Style Teaching
  - Errorless Testing
  - Analytic Phonics
  - Small Task Size
  - Frequency of sessions
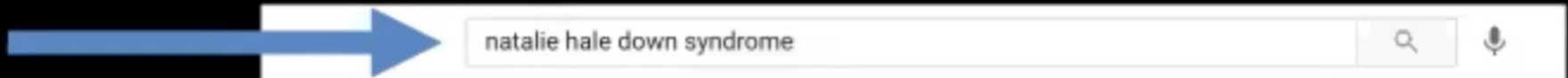 - Magic Decoding Card
  - Comprehension Evaluation

Your Goal:
Work yourself
out of a job.

My best tip:

Watch all of my YouTube videos.
Each one teaches a different aspect of
the reading process.
It's a short cut to the book!

How to get there:

1.

2.