



What is Music Therapy?

Music Therapy is the use of music to help people achieve non-musical goals. Where a physical therapist will use balls and bars, a music therapist uses music as a tool for change. Music Therapy has been shown to be effective in a variety of settings: classrooms, homes, hospitals, nursing homes, and rehab facilities with people of all ability levels and ages.

As a Board Certified Music Therapist, Music Therapists have had extensive training at an accredited university, thousands of hours of hands-on experience through practicums and internship, and years working with clients in a professional capacity.

Music Therapy is shown to be effective with a variety of populations:

- Autism
- Stroke/Traumatic Brain Injury
- Developmental Delays
- Down's Syndrome
- Young Children
- Dementia/Alzheimer's
- Mental Illness
- Special Education
- Hospice
- Pain Management
- ...and many more

About Omaha Music Therapy LLC

OMT LLC was established in 2012 by Emily R Wadhams, MT-BC. Emily has been a music therapist for over 15 years and holds a specialty in Hospice Palliative Care Music Therapy. She has had the privilege of working with a large variety of diagnoses in a number of settings.

Amanda Hawes, MME, MT-BC joined OMT LLC in 2018. In addition to having over three years experience as a music therapist, she also holds a masters degree in Music Education and is trained as an ABA therapist. She and Emily compliment each other well.

For more information, please visit our website.

www.OmahaMusicTherapy.com