



Munroe-Meyer Institute's HealthCare Transition Clinic

Rhonda Haitz, BS, HS-BCP



Munroe-Meyer Institute's HealthCare Transition Clinic

The Health Care Transition Clinic is designed to help individuals between the ages of 14 and 21 who have special health care needs transition from pediatric to adult health care providers.



**Many families describe
the time of transition as
“falling off a cliff”**



HealthCare Transition Clinic Team



Sarah E. Smith, M.D.
Internal Medicine and
Pediatrics, UNMC



Rhonda Haitz, BS, HS-BCP
Parent Resource Coordinator
Munroe-Meyer Institute, UNMC



Amanda Lindsay, MSW, CSW
Transition Clinic Coordinator
Munroe-Meyer Institute, UNMC



Typical Appointment

Prior to the Appointment:

- Complete both the caregiver and patient health care checklist

Appointment:

- First Friday of each month
- One hour long



Typical Appointment

Dr. Smith

- Medical Exam
- Review Medical History
- Provide medical referrals

Rhonda Haitz

- Resources for transition: guardianship, social security, employment, etc.
- Additional appointment if necessary

Amanda Lindsay

- Transition Healthcare Checklist
- Create plan for building self-determination skills



Clinic Referrals

- primary care provider
- a community provider
- a case manager
- a school
- a family member

Self-referrals are allowed for individuals 19 or older.

To make an appointment call Amanda at 402-559-6418

Billing

- Social Services and Parent Resource Coordinator Free
- Physician Services billed to patient's insurance company



Additional Information

Health Care Transition Clinic

<https://www.unmc.edu/mmi/community-resources/lifespan-resources/transition-clinic.html>

Transition Readiness Client Assessment

<https://app1.unmc.edu/mmi/TransitionClinic/TransitionClientAssessment/questionnaire.cfm>

MMI My Health Passport

<https://www.unmc.edu/mmi/community-resources/lifespan-resources/TransitionClinic-HealthPassport.pdf>



Munroe-Meyer Institute's Transition Information Series



Please join us for an education series about the transition process for youth with disabilities and preparing for this new chapter in your family's life.

Topics covered during this session include:

February 25: Vocational Rehab & Employment

March 3: Self-Determination

March 17: Medical transition and Adult Wellness

March 31: Medicaid & HCBS (Waiver Programs)

April 14: Developmental Disability Services

April 28: Social Security Disability

May 12: Guardianship & Alternatives

May 26: Transition Supports in Education

University of Nebraska

Medical Center

Buffett Cancer Center

505 S. 45th Street

Room LVL Ground 0-12101

6:30-8:30 PM

FREE for families with a child with a disability interested in learning more about transition services.

Seating is limited so please register at:

<https://www.signupgenius.com/go/70A0B4BAFA72BA1F49-munroemeyer1>

Please contact Rhonda Haitz at 402-559-5726 or

rhonda.haitz@unmc.edu with any questions.

Munroe-Meyer Institute Self-Determination Series

What is self-determination?

- Making your own choices, with or without support
- Taking charge of your own life
- Knowing your strengths and challenges

Topics covered during this series include:

- March 17: Introduction to Topics
- March 31: Self-Awareness
- April 14: Self-Determination
- April 28: Self-Advocacy



Open to individuals 14-21 with intellectual or developmental disabilities

Each session runs from 6:30 to 8:30 p.m.

Munroe-Meyer Institute

Room 3016 – Use the southeast entrance (Entrance B)

4420 Dewey Ave., Omaha NE 68105


Please join us to learn about the meaning of self-awareness, self-determination and self-advocacy, as well as learning and practicing these valuable skills.

**If you have questions, please contact Amanda Lindsay at:
402.559.6418, opt. 1, or amanda.lindsay@unmc.edu**

Spots are limited so sign up today at:

<http://bit.ly/2VnxWLs>





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Parent Resource Coordinator
Munroe-Meyer Institute
Rhonda.Haitz@unmc.edu
402-559-5726





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